



# The Florida Behavioral Health Collaborative Pediatric Hotline

*Offers a coaching experience between child and adolescent psychiatrists and pediatric primary care providers*

## 1-866-487-9507

Consultations are available to all providers regardless of insurance carrier caring for children/youth up to 21 years old.



Pediatricians are increasingly providing behavioral health care to children. To help with this reality, the Florida Behavioral Health Collaborative Pediatric Hotline aims to connect pediatricians with board certified child and adolescent psychiatrists and care coordinators to discuss the presentation of symptoms and choose a treatment option that best suits the needs of the child. The psychiatrists provide a co-management experience designed to augment pediatricians' skills in treating behavioral health issues encountered in the primary care setting.

The hotline is a free resource available on non-holiday weekdays between 8:30 am and 4:30 pm. Calls will be returned within 24 hours.

### When accessing the Hotline, pediatricians can expect assistance with:

- ◆ Assessing symptom severity/crisis management
- ◆ Scheduling of telepsychiatry consultations within 24 hours
- ◆ Pharmacological and non-pharmacological management options
- ◆ Discussion of appropriate screening tools, including social determinants of health
- ◆ Strategies to engage parents/guardians in treatment

### Resources available through <http://www.floridabhcenter.org/> website:

- ◆ Florida Child and Adolescent Psychotherapeutic Medication Guidelines
- ◆ The Program has partnered with Aunt Bertha, a locator of social services and community resources in Florida (<https://floridamedicaidmentalhealth.auntbertha.com/>)

The Hotline is an ongoing program of the Florida Center for Behavioral Health Improvement and Solutions.

Visit <http://www.floridabhcenter.org/> for more information.